

ITEMS TO BRING

- ✓ Bedding and Pillow*
- ✓ Alarm Clock*
- ✓ Toiletries (soap*, shampoo*, toothbrush, toothpaste, lotion, etc.)
- ✓ Towel & washcloth*
- ✓ Clothing and shoes for outdoors
- ✓ Pajamas
- ✓ Flashlight
- ✓ Sunscreen
- ✓ Water bottle
- ✓ Rain coat or umbrella

*These items are provided in Lenamon Lodge, Cedar Bluff Lodge, Rock Creek Lodge and Lucas Lodge.

We do have a lot of these things available for sale in our gift shop for things that may have been forgotten and you can also check with our retreat staff to see if we might have what is needed.
